HELICOPTER INSTRUMENT TRAINING SCHOOL

COURSE OVERVIEW

UNIT 1

- **PUBLICATIONS**
- **WEATHER**
- **REGULATIONS**
- **FLIGHT PLANNING**

COURSE OVERVIEW

UNIT 2

- **ENROUTE STRUCTURE**
- **TERMINAL PROCEDURES**
- **OPEN BOOK EXAM**

COURSE OVERVIEW

UNIT 3

- **REVIEW**
- **GRADE OPEN BOOK EXAM**
- **CLOSED BOOK EXAM**

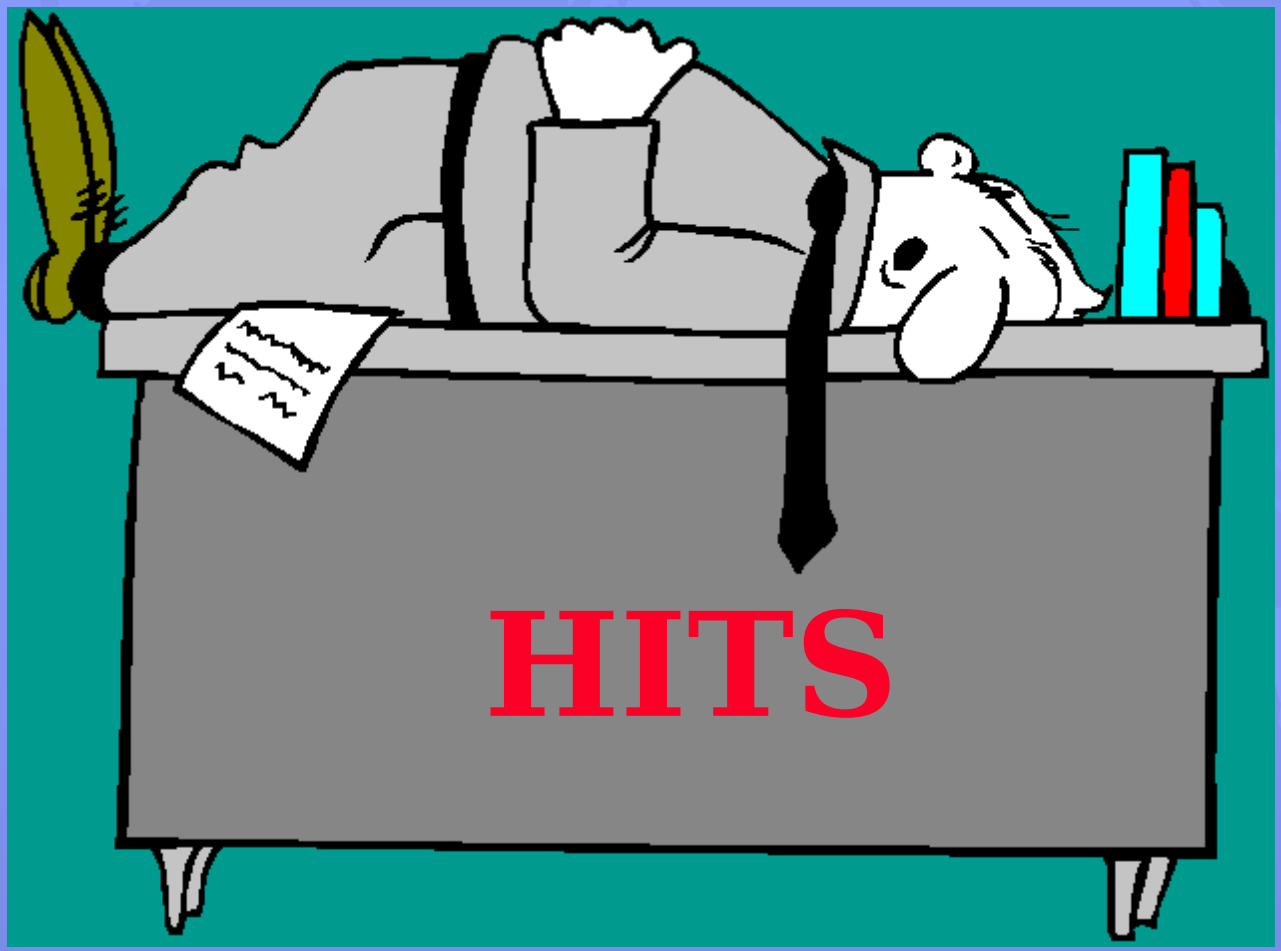
FOCUS

- **Classroom review of instrument flight regulations and procedures.**
- **Independent study of Flight Planning and Publications.**
- **Independent study of applied regulations and procedures in preparation for closed book examination.**

NAV BAG INVENTORY

OPNAVINST 3710.R
AIM
IFR / VFR SUPPLEMENT
FLIGHT INFORMATION HANDBOOK
VOL 3 APPROACH PLATES
IFR ENROUTE CHART L 3/4 & 5/6 & 7/8
IFR AREA CHART
PHOENIX / LASVEGAS / DENVER
VFR SECTIONALS
GP AP/1 AP/1A AP/1B
STUDY GUIDE & OPEN BOOK EXAM

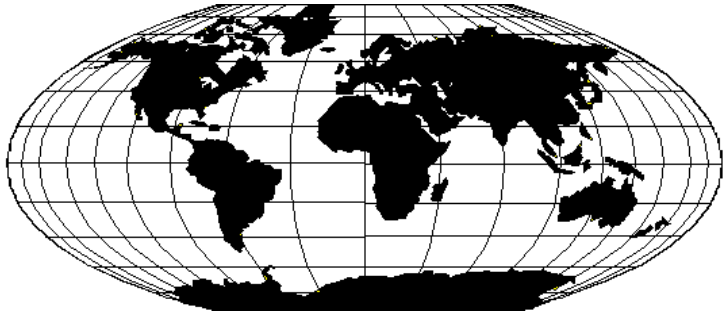
PUBLICATIONS



DOD
FLIGHT INFORMATION PUBLICATION

GP

GENERAL PLANNING



28 MAY 1997
NEXT ISSUE 7 JAN 1998
PCN EFFECTIVE 17 SEPT 1997
Consult NOTAMS for the latest information.

GENERAL PLANNING
(GP)

- **CH 1 AERONAUTICAL INDEX**
- **CH 2 GLOSSARY**
- **CH 3 FLIP PROGRAM**
- **CH 4 FLIGHT PLANNING**
- **CH 5 PILOT PROCEDURES**
- **CH 6 ICAO**
- **CH 8 METEOROLOGICAL DATA**

DOD
FLIGHT INFORMATION PUBLICATION

AP/1

AREA PLANNING

NORTH AND SOUTH AMERICA

25 JUNE 1998
NEXT ISSUE 10 DEC 1998
PCN NR 1 EFFECTIVE 20 AUG 1998

Consult NOTAMS for the latest information.

AREA PLANNING
(AP/1)

- **FLIGHT HAZARD/STATE**
- **SUPPLEMENTARY REMARKS**
- **PREFERRED ROUTING**
- **ADIZ DESIGNATION**

DOD
FLIGHT INFORMATION PUBLICATION

AP/1A

AREA PLANNING

SPECIAL USE AIRSPACE

NORTH AND SOUTH AMERICA

25 JUNE 1998
NEXT ISSUE 10 DEC 1998

PCN NR1 EFFECTIVE 20 AUG 1998
PCN NR2 EFFECTIVE 15 OCT 1998

Consult NOTAMS for latest information.

SPECIAL USE AIRSPACE
(AP/1A)

- **TYPES OF SPECIAL USE AIRSPACE**

  (R, P, W, A)
- **PARACHUTE JUMPING AREAS**
- **MILITARY OPERATING AREAS**

  (MOA'S)

NUMBER	AREA NAME	EFFECTIVE ALTITUDE	TIME USED: DAYS OF WEEK	TIME USED: HOURS OF DAY	WEATHER	CONTROLLING AGENCY
R-5107B	White Sands Misl Rng	Unltd	Cont	Cont	VFR-IFR	
	33 45N 106 04W to 32 50n 106 04 W to 32 36N 106 06W to 32 25N 106 06W to 32 23N 106 07W to 32 25N 106 09W					
	106 21W to 32 2oN 106 40W to 33 13N 106 52W to 33 50N 106 45W to 17W along the S side of U.S Hwy 380 to beg					
	Excld R-5107D, R-5107F, R-5107G, R-5107 J and to 1500’ AGL within 2NM of 3324n 106 41W and 32 30n 106 41W					
	(1) Controlling Agency - Security Office , DSN 258-7102. Foreign Nationals will rqr prior security coordination and a					
	White Sands Missle Range Controlling Agency.					
R-5107C	White Sands Msl Rng, NM	9000’ to Unltd	Mon-Fri	Cont	VFR-IFR	

LEWELLEN DROP ZONE To 4000’ ; Ocnl use; 16.0NM fr Cecil VOR on 195rad wi 0.25NM rad.

MACDILL AFB NR1 TO 10,000’ ; 0600-1100 Icl Sun; 11.0NM fr St. Petersburg VORTAC on 110 rad (over

MACDILL AFB NR1 (SUN CITY) To 7500’ ; 1200-2300Z ++ ; Int St Petersburg VORTAC 136rad and Lake

DOD
FLIGHT INFORMATION PUBLICATION

AP/1B

AREA PLANNING

MILITARY TRAINING ROUTES

NORTH AND SOUTH AMERICA

Effective 0901Z 25 JUN 1998
to 0901Z 20 Aug 1998

Consult NOTAMS for latest information.

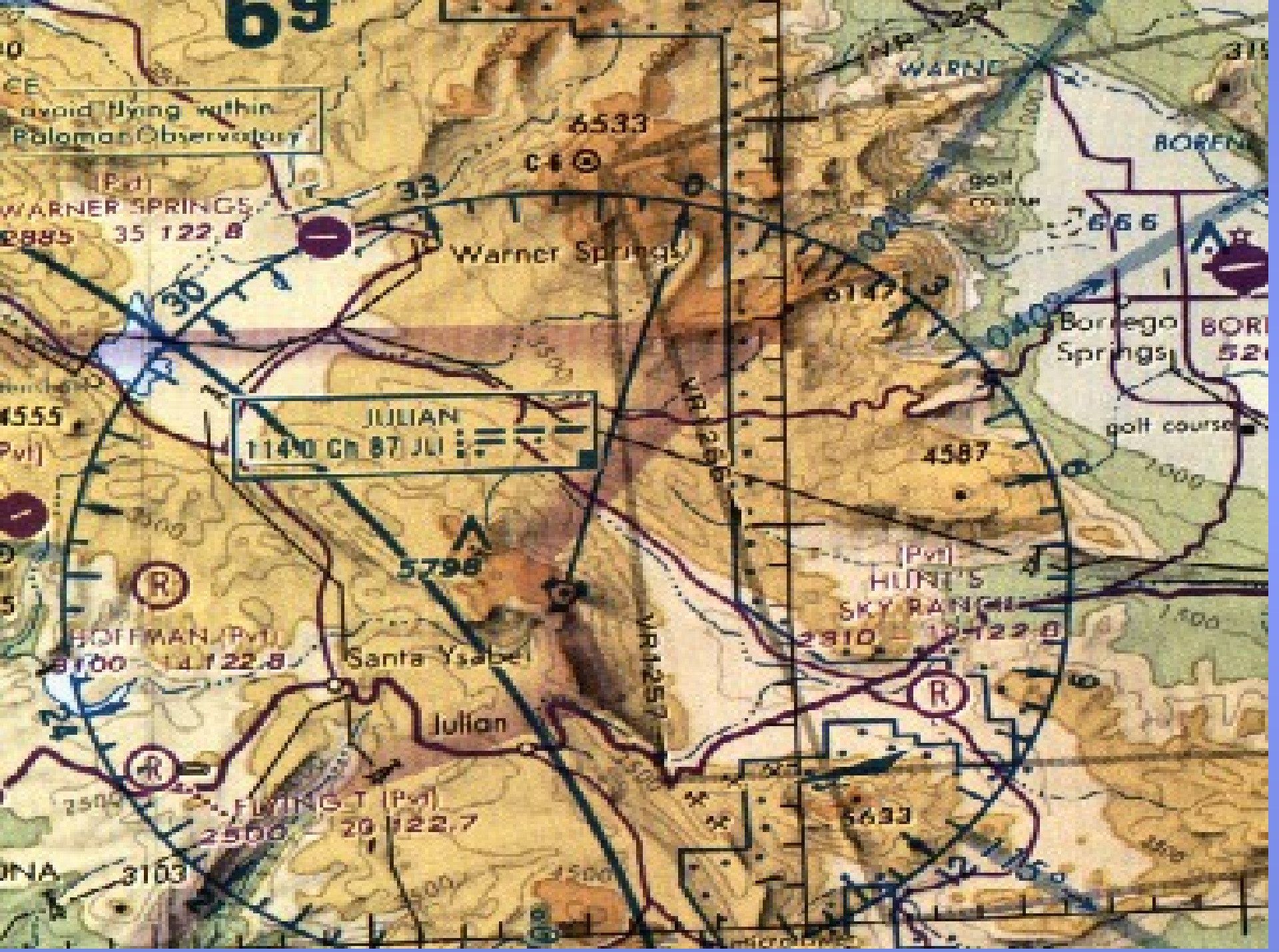
MILITARY TRAINING ROUTES

(MTR's)

- **IFR ROUTES (IR)**
- **VFR ROUTES (VR)**
- **SLOW ROUTES (SR)**
- **REFUELING ROUTES (AR)**
- **AVOIDANCE AREAS**

MTR

1266
F
S — 15
TRM
H
P
J
S — 70
217
D
S — 15
S — 15
S — 15
S — 28
Escondido
217
217
K
S — 30
289
JLI
Q
S — 15
G
I
J
S — 15
VR
121
Ramona
Gillespie


avoid flying within
Palomar Observatory
WARNER SPRINGS
Warner Springs
JULIAN
Julian
Santa Ysabel
Borrego Springs
golf course
HUNT'S
SKY RANCH
HOFFMAN (Pvt)
FLYING T (Pvt)
6533
5798
4587
5633
3163
2885
2910
2500
8100

DOD
FLIGHT INFORMATION PUBLICATION
(ENROUTE)

IFR-SUPPLEMENT UNITED STATES

This Supplement is issued EVERY EIGHT WEEKS

EFFECTIVE 0901Z **5 DEC 1997**
To 30 JAN 1998

Consult NOTAMS for latest information

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Section C: Theater Flight Data and Procedures.....C1
Position Reports.....Back Cover

Section A

Section B

Section C

IFR SUPPLEMENT

- LEGEND
- CITY / AIRPORT CROSS REFERENCE
- DOD APPROVED APPROACHES
  - US/CANADA/MEXICO
- ADIZ, CTAF, FACSFAC
- FILE IN FLIGHT

DOD
FLIGHT INFORMATION PUBLICATION
(ENROUTE)

VFR - SUPPLEMENT
UNITED STATES

This supplement is issued Every Twenty-Four Weeks

Effective 12 SEP 1997
To 27 FEB 1998

ECN EFFECTIVE 5 DEC 1997
Consult NOTAMS for latest information

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Position Reporting Procedures.....Outside Back Cover

VFR SUPPLEMENT

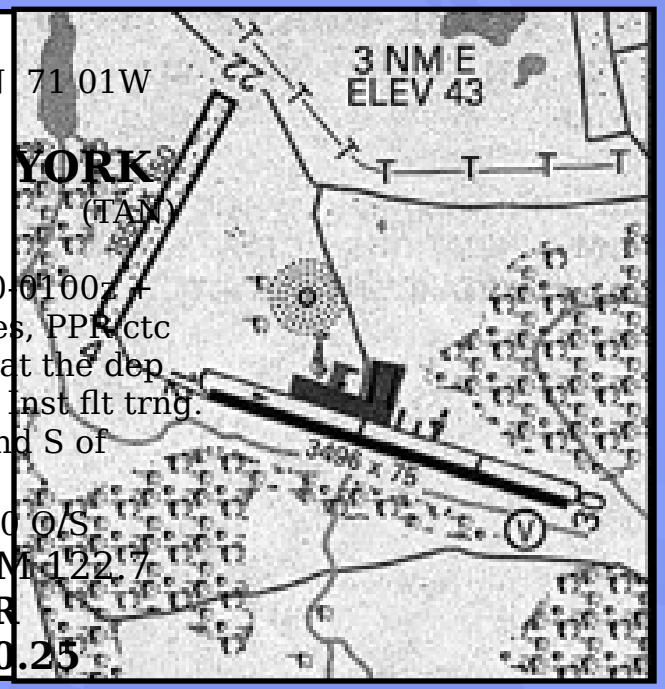
- **LISTING REQUIREMENTS**
- **LEGEND**
- **DIRECTORY / AIRPORT SKETCH**
- **CITY AIRPORT CROSS REFERENCE**
- **REPORTING / FILING INFO**

VFR SUPPLEMENT

TAUNTON MUNI, MA 41 52N 71 01W

L-25, NEW YORK

UTC -5(-4DT)
P BL4 ,9,10
FUEL-(NC-100LL)
AIRPORT REMARKS: (S21) Rwy 12-30. Opr 1300-0100z++ Rwy 4-22 mark with corner mkr, sfc ruf, loose stones, PPR ctc UNICOM. Avoid flying over the elementary school at the dep end of Rwy 30. No touch and go ldg 0200-100++. Inst flt trng. Copters avoid ovflt of densely populated areas W and S of airport.
) ACTIVATE- MIRL Rwy 12-30-CTAF. REIL Rwy 30 O/S UFN. **COMMUNICATIONS:** (CTAF/UNICOM 122.7
FSS BRIDGEPORT BDR-DL-NOTAM BDR
PROVIDENCE APP/DEP CON - 128.7 380.25



FLIGHT INFORMATION HANDBOOK

DOD
FLIGHT INFORMATION HANDBOOK
(ENROUTE)

FLIGHT INFORMATION HANDBOOK

EFFECTIVE 28 MAY 1998

NEXT EDITION 7 JAN 1998
Consult NOTAMS and UCN for latest information

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SECTION B

Section A: Emergency Procedures
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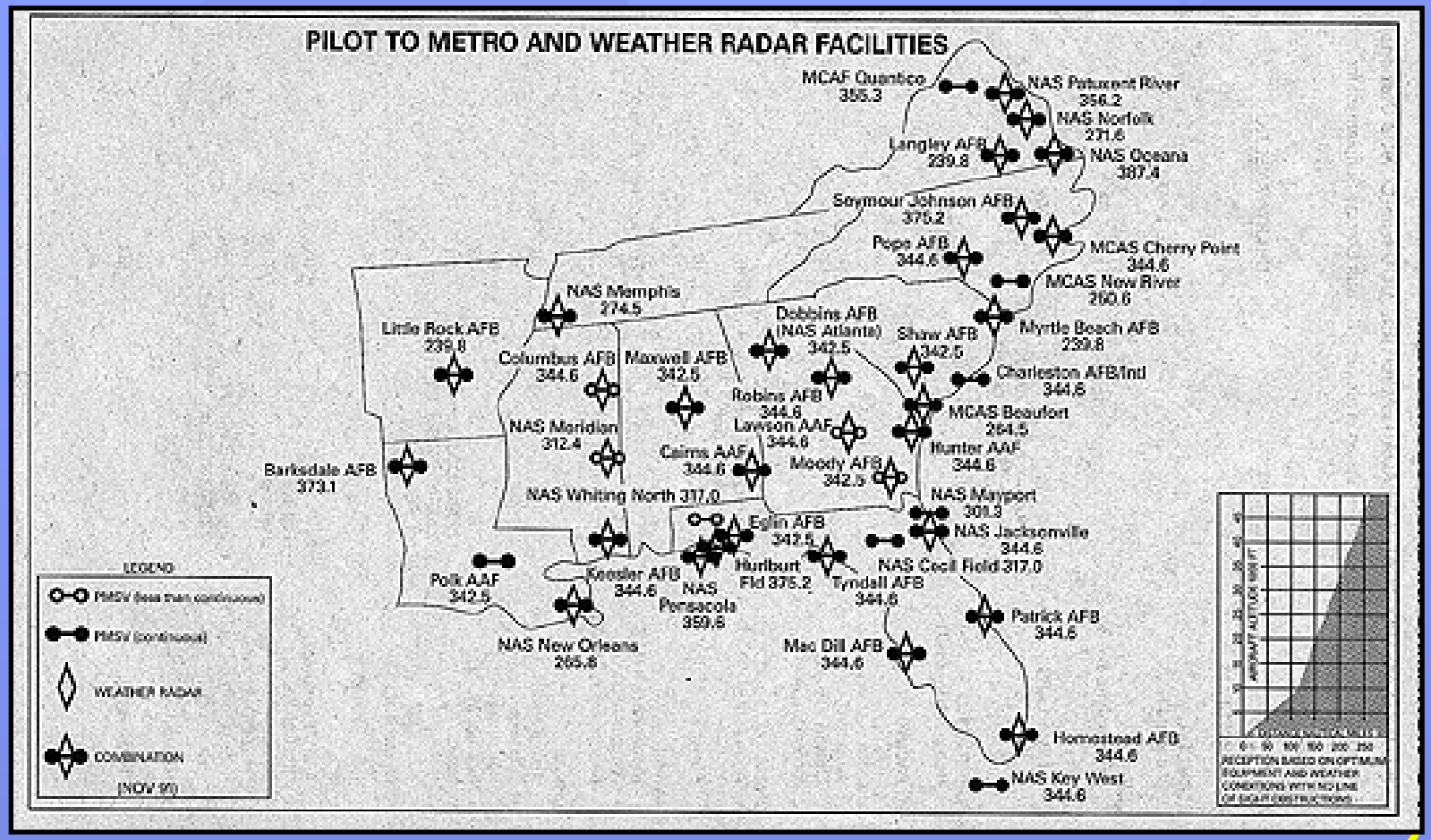
SECTION C

Section B: National and International Flight

FLIGHT INFORMATION HANDBOOK (FIH)

- **LOST COMM**
- **LIGHTING**
- **WEATHER INFORMATION**
- **CONVERSION TABLES**

PILOT TO METRO AND WEATHER RADAR FACILITIES



NATOPS GENERAL FLIGHT AND OPERATING INSTRUCTIONS

OPNAV INSTRUCTION 3710.7R

THIS MATERIAL SUPERSEDES OPNAV INSTRUCTION 3710.7Q
DATED 1 MAY 1995

DEPARTMENT OF THE NAVY
OFFICE OF THE CHIEF OF NAVAL OPERATIONS

OPNAVINST 3710.7

- **FLIGHT AUTHORIZATION & PLANNING**
- **FLIGHT RULES**
- **SAFETY**
- **MEDICAL**
- **INSTRUMENT RATING REQUIREMENTS**

A1-H60CA-NFM-000

NATOPS FLIGHT MANUAL
NAVY MODEL
H-60F/H
AIRCRAF

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NAVAL AIR STATION, NORTH ISLAND

NASNIINST 3710.7R

OPERATIONS MANUAL

NAVAL AIR STATION
NORTH ISLAND

“HALSEY FIELD”

OUTLYING FIELD
IMPERIAL BEACH

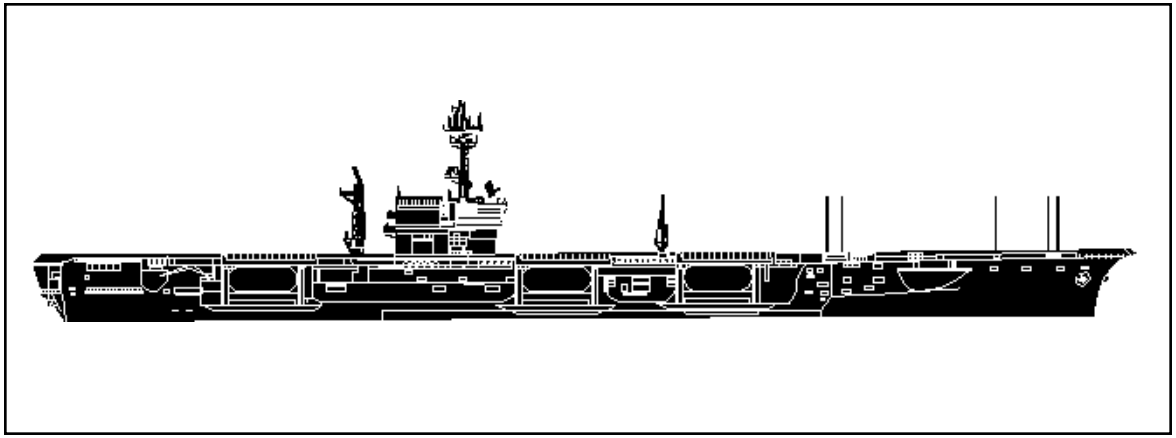
“REAM FIELD”

BASE OPERATIONS MANUAL

- AIRCRAFT CLEARANCE
- COURSE RULES (NASNI / IB)
- HELO OPS
- SPECIAL VFR
- AIRSPACE

NAVAIR 00-80T-105

CV
NATOPS MANUAL



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NWP 3-04.1
MCWP 3-24.1

HELICOPTER OPERATING PROCEDURES FOR AIR-CAPABLE SHIPS

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OFFICE OF THE CHIEF OF NAVAL OPERATIONS AND
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NATOPS
INSTRUMENT FLIGHT MANUAL
NAVAIR OO-80T-112

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NATOPS INSTRUMENT FLIGHT MANUAL

- **FRONTS / WEATHER**
- **PHYSIOLOGY**
  - **SPATIAL DISORIENTATION**
- **FLIGHT INSTRUMENTS**
- **INSTRUMENT FLIGHT**
- **INSTRUMENT CHECK FLIGHT**

U.S. Department
of Transportation

Federal Aviation
Administration

FEDERAL AVIATION REGULATIONS

PART 91
General Operating and Flight Rules

[Incorporates all revisions
Thru Amendment 91-227]

This edition replaces the existing loose-leaf Part-91 effective August 18, 1990. Retain preambles for Amendments 91-211 through 91-226.

Published
February 1992

FEDERAL AVIATION REGULATIONS (FAR)

- **PROVIDES RULES GOVERNING THE OPERATION OF AIRCRAFT WITHIN THE U.S. AND THE WATERS WITHIN 3nm.**
- **WRITTEN FOR LAWYERS**

U.S. Department
of Transportation

Federal Aviation
Administration

AERONAUTICAL INFORMATION MANUAL

October 15, 1998

next issue

February 4, 1999

Official Guide to Basic Flight Information and ATC Procedures

AERONAUTICAL INFORMATION MANUAL (AIM)

- NAVIGATION AIDS (CH 1)
- AIRPORT LIGHTING (CH 2)
- AIRSPACE (CH 3)
- ATC (CH 4)
- AIR TRAFFIC PROCEDURES (CH 5)
- METEOROLOGY (CH 7)
- GLOSSARY
- INDEX

Airport / Facilities Directory

- **Airport information (similar to IFR supplement)**
- **LAHSO operations**
- **FAA & NWS Telephone numbers and addresses**
- **Preferred IFR routes**
- **Special use airspace and Parachute Jumping areas.**

THE END